

## THIN PEOPLE SHOULD TAKE PHOSPHATE

Nothing Like Plain Bitro-Phosphate to Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force.

Judging from the countless preparations and treatments which are continually being advertised for the purpose of making thin people fleshy, developing arms, neck and bust, and replacing ugly hollows and angles by the soft, curved lines of health and beauty, there are evidently thousands of men and women who keenly feel their excessive thinness. Thinness and weakness are often due to starved nerves. Our bodies need more phosphate than is contained in modern foods. Physicians claim there is nothing that will supply this deficiency so well as the organic phosphate known among druggists as bitro-phosphate, which is inexpensive and is sold by E. A. Brown & Co. in Barre and most all druggists under a guarantee of satisfaction or money back. By feeding the nerves directly and by supplying the body cells with the necessary phosphoric food element, bitro-phosphate should produce a welcome transformation in the appearance; the increase in weight frequently being astonishing. Increase in weight also carries with it a general improvement in the health. Nervousness, sleeplessness and lack of energy, which nearly always accompany excessive thinness, should soon disappear, dull eyes ought to brighten and pale cheeks glow with the bloom of perfect health.

**CAUTION:**—Although bitro-phosphate is unexcelled for relieving nervousness, sleeplessness and general weakness, it should not be used by anyone who does not desire to put on flesh.—Adv.

**WAITSFIELD**  
Dinner will be served Wednesday in the M. E. church dining room.

A most interesting meeting of the Epworth league was held on Sunday night when Clarence Lavanway gave a talk on his experience in the war. A large number were present.

The quota having arrived, the Red Cross will meet on Thursday afternoon, when Mrs. Kirkman will talk about the work. A large attendance is requested.

**People Constipated and Don't Know It!**  
It seems odd, but it is true, that you may be constipated and not know it. You can see why it is. Take a glass and pour in water until full. If you keep on pouring in water after the glass is full, it will run over, but the glass stays full. Just so with your bowels; they get full of waste matter, and then they pass off or expel from the body only about the same amount that goes into it in the form of food. So you may have a movement of the bowels every day and yet there will remain waste matter that ought to be removed. Give your bowels a gentle but thorough cleaning out and you'll feel great. A fine prescription for this is put up and sold under the name of Dr. True's Elixir. Doctors and druggists use it in their own families. Costs but little and brings health to men, women and children. Sweet and pleasant tasting. Works gently. Children like it. Remember the name, Dr. True's Elixir.—Adv.

**EAST MONTPELIER**  
Red Cross Notes.  
Yarn is on hand for knitting children's sweaters, scarfs and women's shawls. Will all those who wish to help on this please call for yarn and directions as soon as convenient? There will also be sewing for those who wish it later.

**YOUR LIVER IS THE BEST BEAUTY DOCTOR**  
A dull, yellow, lifeless skin, or pimples and eruptions, are twin brothers to constipation. Bile, nature's own laxative, is getting into your blood instead of passing out of your system as it should. This is the treatment, in successful use for 50 years—one pill daily (more only when necessary).

**Carter's Little Liver Pills For Constipation**  
Genuine Bears Signature  
Put You Over Night  
Pale, Pale, Putty-Faced People Need Carter's Iron Pills

**CASTORIA**  
For Infants and Children.  
Mothers Know That Genuine Castoria Always Bears the Signature of J. C. Watson  
In Use For Over Thirty Years  
CASTORIA  
Net Contents 15 Fluid Droppers  
900 DROPS  
ALCOHOL—3 PER CENT.  
A Vegetable Preparation for Assimilating the Food by Regulating the Stomach and Bowels of INFANTS & CHILDREN  
Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.  
Prepared by J. C. WATSON, PITTSBURGH, PA.  
Pumpkin Seed, Aloe Senna, Rochelle Salt, Jalap, Sulfate of Magnesia, Stearic Acid, Peppermint, Carbolic Acid, Glycerine, Flavor.  
A helpful Remedy for Constipation and Diarrhea, and Feverishness and LOSS OF SLEEP resulting therefrom in Infancy.  
Bears the Signature of J. C. Watson  
THE CASTORIA COMPANY, NEW YORK.  
At 6 months old 35 Doses—35 CENTS  
Exact Copy of Wrapper.

**EAST BROOKFIELD**  
Returned Soldiers Given Public Welcome on Monday Evening.  
A large delegation from this part of the town were among the cordial throng who gave "our boys" a hearty welcome last Monday evening at the town hall. Brookfield boasts of 20 stars on her service flag and not one blue star has turned to gold. Of this number nearly half have seen service overseas and a large number were present at the reception. A direct welcome was given the boys by Major F. C. Angell of Randolph, which was followed by a short address. Following this was an address by Rev. Fraser Metzger, in which he recounted some of his experiences as a "rookie." Ice cream and cake were served to about 300 people and dancing was enjoyed until an early hour. Music was furnished by the Star orchestra.

E. G. Harrington has moved to his farm on the southeast hill for the summer.  
Homer Brown was in Barre last Wednesday for an operation for the removal of polypus in the back of his nose.  
Mrs. Ada Austin and children have been visiting in Calais and Barre.  
Leo Perkins and family of Gaysville visited relatives here last week.  
Mr. and Mrs. Melvin Chamberlin of Gaysville were recent visitors at E. G. Harrington's.

**NORTH FAYSTON**  
Very appropriate exercises were held at the schoolhouse Thursday evening, both schools taking part. Much credit is due teachers and scholars.  
Many people from this place attended the Memorial exercises and also took in the ball game at Waitsfield Friday.  
Alex Anderson of Barre was in town Thursday and placed a beautiful monument on the lot of C. J. Nelson in the cemetery.  
Harold Henry was one of the lucky ones the first of the week, as he caught four pounds of trout.  
Among the many visitors in town last week were J. Richardson of Warren, an old veteran, 83 years old.  
Mr. and Mrs. Charles Wheeler and wife were in Moretown Thursday.  
Mr. and Mrs. Will Nelson, son, Henry, and daughter, Gladys, motored to Cabot Sunday to be gone a few days.  
G. C. Grandfield was in Plainfield on Thursday, his son, Milford, returning with him from Montpelier, where he attends school.  
C. E. Wheeler went to Warren Sunday to see his daughter.

**NORWICH**  
Mr. and Mrs. E. A. Pattrell are rejoicing over the birth of a daughter.  
Mrs. Homer Martin is very poorly at this writing.  
A. W. Johnson was in Woodsville over Sunday.  
Archie Ames of Manchester visited at Heman Durkee's over Memorial day.  
Miss Ruth Gilman returned to Hanover Thursday after two weeks at the home of her parents, Mr. and Mrs. W. H. Gilman.  
Mrs. Grace Bond and son were home from Fairlee over Memorial day.  
Miss Abbie Ellis was home from Bradford over Sunday.  
Miss Marjorie Martin returned to school Monday, after a week's absence while sick with the flu.

**NORTH MONTPELIER**  
At Masonic hall, North Montpelier, June 4, Marguerite Clark in "Out of a Clear Sky," also a Fatty Arbuckle comedy in two big reels, entitled, "Moonshiners." This will be a grand show. Don't miss it. Admission, 17c and 25c.—adv.

## LIFT OFF CORNS, MAGIC! NO PAIN

Drop Freezone on a touchy corn then lift that corn off with fingers



Tiny bottles cost only a few cents.  
Drop a little Freezone on an aching corn, instantly that corn stops hurting, then you lift it right off. It doesn't pain one bit. Yes, magic!  
Why wait? Your druggist sells a tiny bottle of Freezone for a few cents, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and calluses, without soreness or irritation. Freezone is the much talked of other discovery of a Cincinnati genius.—Adv.

**EAST MONTPELIER**  
Social dance, village hall, June 11; Dudley's orchestra.—adv.

**LEMON JUICE FOR FRECKLES**  
Girls! Make beauty lotion for a few cents—Try It!  
Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifier, at very, very small cost.  
Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and rosy-white the skin becomes. Yes! It is harmless and never irritates.—Adv.

**RANDOLPH**  
An accident to an automobile was reported near Bethel on the Royalton road, in which were Howard Somerville of this place and Roscoe Merrill, both of whom have just returned from service, and others. The car went down the bank, but none suffered fatal injuries, although all were somewhat injured.  
Mr. and Mrs. N. C. Buck were in Lebanon on Sunday, and on their return were accompanied here by Mr. Buck's mother, Mrs. Estelle Buck, who came to stay a few days with her son and family.  
Mrs. Jesse Biddgett of Braintree was in town on a business trip on Monday. Miss Jessie Blanchard was at her home in East Braintree over the holiday, and on Monday returned to White River Junction to resume her work.  
The West Randolph grange attended the evening service at the Methodist church on Sunday, when there was special music and a sermon given by the pastor, appropriate to the patrons of husbandry. The entire service was pleasant and profitable.  
Rev. and Mrs. Joseph Hamilton, who have been in Newport and St. Johnsbury, arrived home on Monday and will be for the present at their home on South Pleasant street.  
Mrs. Ella Smalley has so far recovered that she has opened her boarding house, which has been closed for several weeks on account of her ill health. Mrs. E. L. Williams, who has been with Mrs. Smalley for a few weeks, went to Bethel Sunday to visit in the home of Henry Preston for a time, after which she will return here for an indefinite time.  
The Suffrage club met on Monday with Mrs. Lamson, and a special meeting will be called for next Monday to consider the advisability of holding a convention here in the near future.  
Mrs. Robert Kimball and her family expect to arrive here on Friday and Saturday, and the house will be opened for the summer. Col. A. B. Chandler and family are also expected about the 10th, and Mari-Castle will be opened for the season.

**NORTH RANDOLPH**  
Mrs. Roy Huse and family of Randolph spent the week end with her sister, Mrs. C. E. Taft, and family.  
W. J. LaBelle has moved his family to his former home in Hartford.  
At the next grange meeting, June 13, State Master Martin will be present. The marching team will give its drill at the opening of the meeting.  
George Hogan of Portland, Ore., is visiting friends in this vicinity. Mr. Hogan was a resident here until about 30 years ago.  
Andrew Fitts and family of Windsor were recent visitors at his parents', Mr. and Mrs. E. A. Fitts.

**WEST BROOKFIELD**  
Mr. and Mrs. P. D. Lee of Northfield were guests of Mr. and Mrs. John Davis Sunday.  
Mr. and Mrs. J. W. Untiedt, Miss Ruth and Wilhelm went to Braintree Sunday to visit at Glenn Flint's.  
Miss Hattie Clark of Randolph Center visited Mrs. Fannie Hayes one day last week.  
Mr. Ditty, who has been visiting at his son's, Robert Ditty, has returned to his home.  
Mrs. E. E. Bowman has not been as well as usual the past week.

## Become Slender A Simple, Guaranteed Method

If you would like to lose, weekly, from five to ten pounds of burdensome fat while eating and drinking all you need, also enjoying life far better than at present, just follow this advice:  
Take seven deep breaths of fresh air each morning and evening; after each meal take a full glass of korein; eat all you need, but chew thoroughly, and follow other simple directions of the guaranteed Korein system. Men and women who were waddling around with heavy, sluggish bodies have, in many cases, reported a gradual, agreeable reduction of thirty to eighty pounds, with wonderful benefits to health and figure. This very season is the time to become slender, attractive, vivacious and healthier, very easily. Get all of korein at the druggist's; it comes in capsules, convenient to use and is now sold at before-war low price. Weigh and measure yourself each week. You can scarcely realize the joy that awaits you in normal symmetrical figure, with good health and longer life. Show others this advertisement.

**PLAINFIELD**  
Mr. and Mrs. F. H. Whiting of Raymond, N. H., were visitors at A. M. Cate's last week.  
The Pleasant Valley Rebekah lodge will hold a special meeting Saturday evening, June 7, for the purpose of conferring the degree. All members are requested to be present. Per order of the noble grand.  
Mrs. Charles Tucker of Bellows Falls is visiting at the home of Wallace Holt. The senior class of the Plainfield Junior high school was in Barre Tuesday.  
Miss Alice Lazelle of Montpelier spent Memorial day with her sister, Mrs. A. E. Foss.  
J. J. Gardner has moved his family into the best house on school street.  
Clifford Rudd has purchased the Lee farm on Maple hill and moved there last week.  
Don Freeman of Woodbury was in town last week Friday.  
Mr. and Mrs. W. E. Bartlett have moved into their new home on High street.  
Mr. Cotton of South Woodbury was in town last week.  
Mr. and Mrs. George Durfee of Barre were callers in town Memorial day.  
Miss Ethel Bemis of Montpelier spent Friday and Saturday with her mother, Mrs. V. A. Bemis.  
Mr. and Mrs. George Mills of Groton were guests of Mr. and Mrs. L. C. Baldwin last week.  
Mrs. John Parks and Mrs. Fred Bruffee spent a few days in Barre and Montpelier last week.  
Mr. O. H. Smith of Marshfield visited Mr. and Mrs. Edwin Bond Tuesday.  
Mrs. Fred Martin was in Montpelier Wednesday.  
Mrs. Lilla Strong is visiting her sister, Mrs. Medcoe Pelkey. Mrs. Strong is slowly gaining.  
Miss Ethel Colby of Waterbury spent Friday at the home of her parents, Mr. and Mrs. E. J. Colby.  
Mr. and Mrs. Roland Spencer and son of Lisbon, N. H., were visitors in town over Memorial day.  
Frank Kelly and son of Montpelier were in town Friday at the home of Mr. and Mrs. Michael Kelly.  
Mrs. Fred Davis of Waterbury was the guest of Mr. and Mrs. Silas Willis Friday.  
Henry Hudson and Wayland Hamel of Montpelier were in town last week.  
Mr. and Mrs. Michael Kelly were in Montpelier part of last week.  
Mrs. Gertrude Knapp of Barre was in town Thursday and Friday.  
Pliny Kiser, Mr. and Mrs. Milford Kiser and children visited Mr. and Mrs. Fred Small at Morrisville Friday.  
C. L. Thompson and Arthur Thompson were in Barre Tuesday.  
Mrs. Henry Dunbar of Barre and Mrs. John Cattenach of Montpelier were in town one day last week.  
Mrs. Jennie Hooker of South Ryegate is visiting Mr. and Mrs. B. H. Townsend.  
Mr. and Mrs. Fred Goodridge and daughter, Arleen, were in Morrisville on Thursday.  
Mrs. Ann Aitkin is spending a few days in Marshfield, visiting friends.  
Several from town were in Danville Green Friday to attend the ball game.  
Miss Fanny Martin of U. V. M. Burlington, is at home for a few days.  
Mr. and Mrs. Ernest Batchelder of Barre were in town Saturday.  
Mr. and Mrs. Paul Labree and Mr. and Mrs. Merton Whitcomb were at Niguelhead pond over the week end.  
Mrs. George Emery and daughter of Marshfield visited Mr. and Mrs. J. M. Martin Thursday.  
Mr. and Mrs. Arthur Clark of East Calais were in town Saturday.  
W. B. Fiffeld and W. H. Martin were in Williamstown Tuesday.  
Mr. and Mrs. Charles Gomstock were in East Calais Friday.  
Mrs. Fred Robinson and children of Marshfield spent Thursday with Mr. and Mrs. Bert May.  
Dr. Hodgdon of Peacham was in town Friday.  
Mr. Smith of Cabot was in town on Wednesday.  
Mrs. Walbridge of Cabot spent Thursday with her daughter, Miss Elsie Walbridge, at M. A. Martyn's.  
Mr. and Mrs. Walter Perkins of Barre have been spending a few days in town with relatives.  
Warren Partridge of Cabot was in town Thursday.  
Mrs. Blanche Kent of Hardwick visited in town Friday.  
Miss Elsie Walbridge spent the week end at her home in Cabot.  
W. B. Lance and family were in Montpelier last week.  
Rev. A. W. Hewitt was in Newport the last of the week.  
Mr. and Mrs. Elmer Kelly and Mr. and Mrs. Leon Kelly of Windsor were in town Sunday.  
Several from North and East Montpelier were in town Saturday evening to attend the Nellie Gill play.  
Charles Southwick of East Calais was in town one day last week.  
Ralph Carpenter of Washington has been helping John Lane the past week.  
Mrs. Hattie Page and children were in East Calais Sunday to visit her aunt, Mrs. Elizabeth Peck, who is quite ill.  
Pre-Memorial day exercises were held in the opera house Thursday afternoon.  
Mr. and Mrs. P. Burgen of Montpelier were at L. L. Lapien's Memorial day.

**BARNET**  
L. F. Goslant and party beat the record on lake trout May 30 at Harvey's lake, the catch being one five-pound and one eight-pound trout.

**NEURALGIA**  
or Headache—Rub the forehead and temples with  
**VICK'S VAPORUB**  
"YOUR BODYGUARD"—30c, 60c, 75c

**TOPSHAM**  
Mrs. J. D. Miller went to Hanover hospital last Sunday. She was accompanied by her husband and Mrs. H. B. White. Clinton Sawyer took them in his car.  
The many friends of Mrs. Fred Miles will be glad to learn that she was able to return from the hospital last Friday. A. Fuller remains about the same.  
The little child of Mr. and Mrs. D. L. Glover is gaining slowly.  
Mrs. Laurette Chalmers returned from St. Johnsbury last Saturday, where she has been for treatment to her foot, which she hurt several weeks ago.  
Mrs. Jennie Crown, R. N., of Woodsville, N. H., has been assisting her sister, Mrs. Cleveland Hood, during the illness of her little girl with bronchial trouble.  
Mrs. G. W. Darling and Hudson were called to the home of H. C. McLam to see the two youngest children, who are ill with influenza. Mrs. Will Richardson of Waits River has been employed as nurse.  
Mrs. George Hall has been on the sick list.  
Mrs. Merriam Morrison is ill.  
A few from here attended Memorial exercises at East Corinth last Friday.  
G. E. Taplin has moved back to his village residence.  
Rev. Charles Alexander Lay will deliver his farewell address in the United Presbyterian church, Topsham, next Sunday, June 8, to accept a call in the United Presbyterian church, Mundale, Delaware county, N. Y. For the beautiful present of a silver cream set and casserole given by the congregation and friends as a memento of East Topsham, Mr. Lay would be glad to see all on Sunday to express his sincere thanks. Service at 10:30 a. m.

**TUNBRIDGE**  
Mr. and Mrs. Earl Howe and Lina Stevens were in White River Junction Saturday.  
Elmer Howe took a party to Waits River Sunday in his car.  
Memorial day exercises were conducted under unusually propitious circumstances. The weather was ideal and the attendance correspondingly good. Details of veterans and Sons of Veterans, as far as available, visited graves in the 15 or more cemeteries during the forenoon. A bountiful dinner was served at the W. R. C. hall to the several orders and friends, including the band, which latter was ably assisted by members of Norton Hill, Stratford, band. H. L. Darling of Chelsea, as orator of the day, appeared at his best and school children and all did themselves proud.  
Mrs. Charles F. Smith of Boston spent the week end with relatives in town.  
G. W. Moody and help began state work upon the culvert in North Tunbridge last week.  
A. J. Wills of Woburn came Wednesday for his annual visit and Memorial day activities and associations.  
The family of H. C. King of Brookline are occupying their country home for the summer.

**WEST BERLIN**  
Mr. and Mrs. A. J. Provost are the happy parents of a son, born May 27.  
Mr. and Mrs. Orrin Kimball were in Northfield last Friday.  
Mrs. B. S. Gove and daughter, Alice, spent Friday in Northfield.  
Mrs. Walter Johnson and daughter left here Saturday to visit friends in Barre.  
Mrs. H. W. Crockett from Whitefield, N. H., called on several of her friends in this place Saturday.  
Mrs. Florence Hewitt recently visited her sister, Mrs. Elmer Scott, in Roxbury.  
The ladies' aid will meet in the parish house next Thursday afternoon.  
Mr. and Mrs. Orrin Kimball were guests of Mr. and Mrs. Clayton Curtis last Sunday.  
Mr. and Mrs. Sabin Pike from Berlin Corners visited her parents, Mr. and Mrs. E. A. Glines, last Sunday.  
Mrs. Abbie Freeman from Jamaica Plain, Mass., is assisting in the general housework at the home of Mrs. F. B. Bailey, as Mrs. Bailey is quite ill.  
Mr. and Mrs. Joe Delany and children, accompanied by Mr. and Mrs. George Sanders, are spending a short time in Brookfield, fishing.  
H. A. Stockwell from Putnamsville was in this place last Friday.  
Mrs. Clara Jenkins from Barre visited at Elmer Culver's last week.  
Mrs. George Moore from Northfield was in this place Saturday.  
Mr. and Mrs. Ed Lafty and family are visiting friends in Topsham.  
Mrs. George Adams and two children from Northfield visited Miss A. R. Emerson and Mrs. M. J. Ayers last Friday.  
Mrs. John Coburn, who is in Heaton hospital, is reported as being quite comfortable.  
Mrs. Allard from Northfield visited her sister, Mrs. Ed Provost, Saturday.

# Firestone TIRES

## Most Miles per Dollar

KEEN students of labor conditions believe the Firestone plan of workmen stockholders has much to do with the excellent quality of Firestone Gray Sidewall Tires.

Firestone men remain Firestone men; the entire organization tends toward permanency. Men learn Firestone methods and become steadily more proficient.

Workmen Stock Ownership explains in great part most miles per dollar.

# CAMELS

meet your fondest cigarette fancies in so many new ways—they are so unusual in flavor, so refreshing, so mellow-mild, yet so full-bodied—that you quickly realize their superior quality, and, become a Camel enthusiast!

Camels are unlike any other cigarette you ever smoked. Their expert blend of choice Turkish and choice Domestic tobaccos gives you so many delights. It not only assures that wonderful smoothness and refreshing taste but it eliminates bite and harshness! And, you smoke Camels without any unpleasant cigarette aftertaste or unpleasant cigarette odor!

No matter how fond you become of Camels! Smoke them liberally! They never will tire your taste! The blend takes care of that!

Compare Camels with any cigarette in the world at any price!

**R. J. REYNOLDS TOBACCO COMPANY**  
Winston-Salem, N. C.

18c a package



# Park Theatre

First Time at Popular Prices—D. W. Griffith's Wonderful Production

## "The Birth of a Nation"

Next Thursday and Friday, June 5 and 6

Twice Daily—Matinees at 2:15, Evenings at 8:00

Popular Prices: Matinee, all seats 15c; Evening, Balcony 20c, Orchestra 25c, Children 15c. War tax paid. No seats reserved. Come early.